



## SELECTION POLICY

### SEA Games 2025 (Thailand)

### 9<sup>th</sup> Dec 2025 – 20<sup>th</sup> Dec 2025

Revision Information			
Version	Date	Revised By	Remark
1.0	20 <sup>th</sup> Oct 2024	Desmond Chan Gregory Ow	
1.1	20 <sup>th</sup> Nov 2024	Desmond Chan	Updated version
1.2	4 <sup>th</sup> Dec 2024	Desmond Chan	Updated version
2.0	10 <sup>th</sup> Jan 2025	Desmond Chan	Updated version
2.1	14 <sup>th</sup> Jan 2025	Desmond Chan	Updated version

#### 1. GENERAL INFORMATION ABOUT EVENT

1.1 Organizer: **Thailand SEA Games Organising Committee (THASGOC)**

1.2 Event Date: **TBC by THASGOC**

1.3 Venue: **TBC by THASGOC**

1.4 Format:

- a) **Beach Triathle -> Swimming + Laser Run**
- b) **Beach Laser Run**
- c) **Obstacle + Laser Run (TBC by THASGOC, if it is continued or discontinued format)**

1.5 Events:

Men	Women
Beach Triathle	Beach Triathle
Beach Laser Run	Beach Laser Run
Obstacle + Laser Run	Obstacle + Laser Run

#### 2. INTRODUCTION

2.1 This policy describes the process and criteria for the selection into the SIMPA SEA Games 2025 Team, and the obligations of nominated athletes.

2.2 SIMPA reserves the rights to amend this policy, at any time, if SIMPA is of the opinion that such an amendment is necessary. SIMPA will publish this policy (and any amendments) on our website at [www.singaporepentathlon.org.sg](http://www.singaporepentathlon.org.sg)



2.3 The following definitions apply throughout this policy:

<b>SIMPA</b>	Singapore Modern Pentathlon Association
<b>SNOC</b>	Singapore National Olympic Council
<b>UIPM</b>	Union Internationale de Pentathlon Moderne, the world governing body of the Olympic sport of Modern Pentathlon

### 3. SELECTION COMMITTEE

3.1 The Selection Committee shall consist of:

- i) SIMPA President
- ii) SIMPA Vice President
- iii) SIMPA Head of High Performance
- iv) 4 members of SIMPA Exco

3.2 The Selection Committee shall be responsible for the entire SEA Games 2025 selection procedures, and prepare a final list of athletes to be nominated to SNOC, based on the stated selection criteria and team structure requirements.

3.3 The Selection Committee is empowered within this policy, to select qualified athletes for the SEA Games 2025, provided that they can demonstrate that any discretion used was arrived at through a process of integrity and transparency.

3.4 In the event that no athletes made the selection criteria, SIMPA reserves the right to the final decision on whether to nominate any athletes to the SNOC.

3.5 The SNOC is the body which selects the athletes for the Games, and considers any appeal cases which the NSAs may submit. Final Decision for participation at the SEA Games 2025, will be at the sole discretion of SNOC.

3.6 Nominations for the 33<sup>rd</sup> SEA Games will be submitted to SNOC by **July 2025 (exact date TBC)**.

### 4. ENTRY REQUIREMENT

4.1 Athlete must be a Singapore citizen, and should not be holding dual citizenship if they are above 22 years old. Permanent Residents are not eligible.

4.2 Athlete must be above 14 years of age as of 1/Jan/2025.

4.3 Athlete must be a SIMPA member.

4.4 Athlete must have UIPM Athlete License, which will be registered by SIMPA upon completion of SEA Games athletes' selection.

**4.5 Athlete must hold a valid Singapore Passport with at least 12 months validity**

**4.6 Qualifying Window Period: 21 January 2025 to 5 September 2025**



## 5. SELECTION OF ATHLETES

5.1 Subject to other considerations stated in Section 6, the following criteria shall be applied in the selection process:

- 5.1.1 Athletes that are among the top 3 in Southeast Asia, based on competition results and/or international rankings.
- 5.1.2 Athletes who miss the qualifying standard marginally, but show potential to equal or surpass it in time for the Games.
- 5.1.3 All achievements submitted should be within the Qualifying Window stated in 4.6, and must be sanctioned by UIPM/SIMPA
- 5.1.4 Pursuant to the Olympic Charter (By laws to Rules 27 and 28, paragraph 2.1), "Selection shall be based not only on the sports performance of an athlete, but also on his ability to serve as an example to the sporting youth of his country."

5.2 The event format and standards may be subject to change, pending final confirmation from the Thailand organizing committee.

5.3 For **Beach Triathlon**, athlete must have achieved the following time for the **Triathlon format** (5x600m run + 4x50m swim + 4x5 hits), in at least one UIPM recognized event (local or overseas), or any competitive event conducted/sanctioned by SIMPA. In the event that the running course is on a beach with very soft sand, the running distances will be reduced by 20% (according to the rule in "UIPM 2025 Biathlon/Triathlon Competition Rules"), while the qualification timing remains the same.

Gender	Longlist Consideration	Nomination Group "A" Consideration	Nomination Group "B" Consideration
Male	18 mins 09 secs	17 mins 53 secs	18 mins 01 secs
Female	22 mins 33 secs	22 mins 23 secs	22 mins 28 secs



5.4 For **Beach Laser-Run**, athlete must have achieved the following time for the **Laser-Run discipline** (5x600m run + 4x5 hits), in at least one UIPM recognized event (local or overseas), or any competitive event conducted/sanctioned by SIMPA. In the event that the running course is on a beach with very soft sand, the running distances will be reduced by 20% (according to the rule in “UIPM 2025 Biathle/Triathle Competition Rules”), while the qualification timing remains the same.

Gender	Longlist Consideration	Nomination Group “A” Consideration	Nomination Group “B” Consideration
Male	12 mins 27 secs	11 mins 03 secs	11 mins 45 secs
Female	14 mins 47 secs	14 mins 24 secs	14 mins 36 secs

5.5 For **Obstacle + Laser Run (format to be confirmed)**, athlete must have achieved the **Laser Run** timing stated in 5.4, and the following time for the **Obstacle format** (100m), in at least one UIPM recognized event (local or overseas).

Gender	Longlist Consideration	Nomination Group “A” Consideration	Nomination Group “B” Consideration
Male	41 secs	32 secs	36 secs
Female	1 min 10 secs	1 min 00 secs	1 min 05 secs

## 6. OTHER CONSIDERATIONS

6.1 Meeting the entry standard does not mean an athlete will be selected automatically. The following “qualities” of the athletes will be taken into consideration as well:

- a) Attitude and behavior towards coaches, teammates, fellow athletes, officials and sports administrators, whether in relation to sporting matters or otherwise.
- b) General conduct and character which may affect the reputation, image, values or best interests of the athlete or the sport.
- c) Past disciplinary record.
- d) Achieve at least 90% attendance for the training designated by SIMPA.
- e) Ability to demonstrate team spirit and work well with teammates and officials; and



## 7. SELECTION PROCESS

### 7.1 SIMPA Laser Run / Obstacle SEA Games 2025 Open Selection – In between Feb/2025 and Mar/2025

- 7.1.1 This event will be served as one of the selection event to qualify athletes into **SIMPA SEA Games 2025 Training squad**, and open to all the public.
- 7.1.2 SIMPA will decide if to include Obstacle format in this Open Selection, as the actual format has yet to be decided by THASGOC.
- 7.1.3 Those who qualified with the timing stated in 5.4 & 5.5, will be invited into **SIMPA SEA Games 2025 Training squad**.

### 7.2 SIMPA Triathlon SEA Games 2025 Open Selection – TBC.

- 7.2.1 This event will be served as one of the selection event, and open to all the public.
- 7.2.2 The format will be decided in a later date, either open water or swimming pool, as the actual format has yet to be decided by THASGOC.
- 7.2.3 Those who qualified with the timing stated in 5.3, will be invited into **SIMPA SEA Games 2025 Training squad**.

7.3 Should there be any athlete who qualified with any timing stated in 5.3, 5.4 & 5.5 in the UIPM/SIMPA sanctioned events conducted in between the Qualifying Window Period stated in 4.6, the athlete will be invited into SIMPA SEA Games 2025 Training squad.

7.4 SIMPA will decide the final **SIMPA SEA Games 2025 nomination list**, which the final names will be from the **SIMPA SEA Games 2025 Training squad**:

- 7.4.1 For **Beach Laser-Run**, top 2 athletes (per gender) with the best clocking time before Monday, 14<sup>th</sup> July 2025 (the deadline subject to change based on SNOC's nomination deadline), will be qualified into **SIMPA SEA Games 2025 nomination list**.
- 7.4.2 For **Triathlon**, top 2 athletes (per gender) with the best clocking time before Monday, 14<sup>th</sup> July 2025 (the deadline subject to change based on SNOC's nomination deadline), will be qualified into **SIMPA SEA Games 2025 nomination list**.
- 7.4.3 For **Obstacle + Laser Run**, top 2 athletes (per gender) with the best clocking time before Monday, 14<sup>th</sup> July 2025 (the deadline subject to change based on SNOC's nomination deadline), will be qualified into **SIMPA SEA Games 2025 nomination list**.



- 7.5 In the event more than 2 athletes achieve timing better than the 3<sup>rd</sup> best athlete in South-east Asia:
- SIMPA might consider include more than 2 athletes (per gender & per format) in the **SIMPA SEA Games 2025 nomination list**, subject to UIPM's and SNOC's approval.
- 7.6 In the event less than 2 athletes achieve timing better than the 3<sup>rd</sup> best athlete in South-east Asia:
- Top 2 athletes (per gender & per format) with the best clocking time on Monday, 14<sup>th</sup> July 2025, AND fulfill the criteria stated in Section 5.1.2, will be qualified into **SIMPA SEA Games 2025 nomination list**.
- 7.7 SIMPA will submit the **SIMPA SEA Games 2025 nomination list to SNOC by July 2025 (exact date TBC)**, as stated in the Clause 3.6.
- 7.8 The final selection of athletes remains at the sole discretion of the SNOC.
- 7.9 Selected athletes will be announced at a date to be confirmed by the SNOC.
- 7.10 In the event more than 2 athletes nominated by SIMPA are subsequently selected by SNOC Selection/Appeal Committees for the event, the athletes that have the best timing and no injury that would potentially affect their performance at the relevant event(s), will have the priority to be selected during the "Entry By Name" Phase.

## 8. SELECTION OF COACHES

- 8.1 For all athletes who meet the selection criteria required and have been selected to be in the **SIMPA SEA Games 2025 Training squad** and **SIMPA SEA Games 2025 nomination list**, SIMPA will assign a Head Coach, to lead, plan and conduct the required training.



## 9. GENERAL CRITERIA

- 9.1 Every member of **SIMPA SEA Games 2025 Training squad & SIMPA SEA Games 2025 nomination list** will have to attend all the activities and training sessions designed and conducted by for the SEA Games 2025. SIMPA will excuse an athlete on an individual basis if and when the athlete can't attend scheduled activities / training as long as it is justified with valid reasons, medical, overseas travel, bereavement or otherwise.
- 9.2 Every selected athlete in the **SEA Games 2025 team** (to be announced by SNOC) will have to fill out and sign the **Athlete's Agreement for SEA Games 2025 Contract**, with a refundable "security deposit" of SGD 500.00, to confirm their participation in the SEA Games 2025. Deposit is refundable after the SEA Games 2025.
- 9.3 No deposit required for those in **SIMPA SEA Games 2025 Training squad & SIMPA SEA Games 2025 nomination list**.
- 9.4 SIMPA reserves the right to hold back the "security deposit" for any misconduct or breach of the Athlete's Agreement Contract.
- 9.5 All athletes and coaches will have to accept and follow the equipment rules established by UIPM and SIMPA. Athlete may be required to contribute a SGD 500 damage deposit fee, with a SGD 30 rental fee per month, to loan SIMPA equipment for personal training purposes towards SEA Games 2025.
- 9.6 No funding from SIMPA will be provided for any overseas competition and training towards SEA Games 2025.
- 9.7 Doping is strictly prohibited. All athletes are subject to compliance with the World Anti-Doping Agency (WADA) regulations. Any athlete found guilty of possession or consumption will be expelled from the Team after completion of all necessary tests and investigations.
- 9.8 SIMPA reserves the right to propose the addition of an athlete that has not been previously selected following the established criteria for the benefit of the goals and performance of the Team.
- 9.9 All Athletes and Coaches involved are to adhere to rules and regulations of SIMPA, Team SG, UIPM and show respect to all, project a positive image and good sportsmanship at all times. No misconduct will be tolerated.



## 10. APPEAL PROCESS

- 10.1 Appeal against non-selection must be made in the form of email with valid and clear reasons for appeal to be submitted to the SIMPA President & Secretary General within 48 hours after the selection results are released. The email must be sent to:
- i) [president@singaporepentathlon.org.sg](mailto:president@singaporepentathlon.org.sg)
  - ii) [secgen@singaporepentathlon.org.sg](mailto:secgen@singaporepentathlon.org.sg)
- 10.2 The sole ground on which an appeal can be made to SIMPA is that the selection process has not been properly followed.
- 10.3 The appeal must be accompanied by:
- a) A summary of the appeal and/or supporting documentations, as well as the evidences that will be relied upon in support of those arguments for the appeal.
  - b) A non-refundable fee of SGD 100, payable to Singapore Modern Pentathlon Association, must be made for any appeal. Payment can be made via bank transfer.
- 10.4 An Appeal Panel will be available, to handle the appeal. The Appeal Panel shall consist of:
- i) SIMPA Secretary General
  - ii) 2 members of SIMPA Exco, who are not in the Selection Committee.
- 10.5 Appeal Panel has no right to trigger re-selection process. The Appeal Panel will deliberate on the merits of the appeal independently of the Selection Committee.
- 10.6 SIMPA will inform all parties of the Appeal Panel's decision to either uphold or reject the appeal. The decision of the Appeal Panel will be final and no further correspondence will be entertained.





## Appendix A: Timeline

Key Date	Activity
Feb/2025 – Mar/2025	SIMPA Laser Run/Obstacle SEA Games 2025 Open Selection
TBC	SIMPA Triathlon SEA Games 2025 Open Selection
8/Mar/2025	Entry by Sports deadline
8/Apr/2025	Entry by Number deadline
15/Apr/2025	Longlist phase begins via SportsSync
15/May/2025	Nomination phase begins via SportsSync
Jul/2025	SIMPA SEA Games 2025 nomination list confirmation (exact date TBC)
Jul/2025	Long list and nomination deadline (exact date TBC)
Aug/2025	SNOC Selection Committee Meeting (date TBC)
Aug/2025 – Sep/2025	SNOC Appeal committee meeting (date TBC)
19/Sep/2025	Entry by Name deadline
9/Dec/2025	Opening Ceremony of SEA Games 2025
20/Dec/2025	Closing Ceremony of SEA Games 2025

**Note:** The date is subject to change based on the schedules and requirements set by the Singapore National Olympic Council (SNOC) and the SEA Games organizing committee. Athletes are advised to stay informed of any updates or modifications to these dates.